



# SCIENCE, CONSCIOUSNESS AND SPIRITUALITY CONFERENCE - 2011

## “Know Thyself”

### Perspectives of Consciousness Beyond the Body

### Weekend Intensive

Saturday & Sunday October 29<sup>th</sup> & 30<sup>th</sup>, 2011

Programme of events: Saturday October 29<sup>th</sup>, 2011

**Venue:** Auckland University of Technology, Akoranga Campus

**Entrance:** Gate One, Lecture Theatre AF114

8.30am	<b>Registration</b>
9.00am – 9.30am	<b>Welcome &amp; Brief information re AWCT</b> <b>AWCT Trustee:</b>  Duration: 30 minutes
9.30am - 10.30am	<b>Title: “Physics of the Self, the Soul and the Journey”</b> <b>Presenter:</b> Dr. Amit Goswami  This will be a two part lecture series. In this lecture will explore in detail the Tangled Hierarchy of the Real Self and provide an insight into the creative context for the interaction between the true nature of the self and the ego.  Duration: 1 hour
10.30am – 11.00am	<b>Morning Tea</b>
11.00 am - 12.15pm	<b>Title “Physics of the Self, the Soul and the Journey” - Continued</b>  <b>Presenter:</b> Dr. Amit Goswami  Part 2 of this lecture series will elaborate on the concept of quantum memory; and systematically present quantum theory and data supporting a continuous existence of a soul within the birth death cycle.  <b>Includes experiential exercise</b> Duration: 1 ¼ hours



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12.15pm – 1.15pm	<b>Lunch</b>
1.15pm – 2.45pm  Incl.10 minutes Question Time	<b>Title: “The Second Foundation of Knowledge”.</b> <b>Presenter:</b> Dr Ede Frecska  The Universe “emulates” itself within the brain’s (body’s) subcellular network - cognition derived from the ‘nonlocal’ fields of the Cosmos, the non-local spiritual universe is available to us through the direct intuitive approach. It is proposed that the subneural interface is the microfilamental lattice (part of the cytoskeletal lipoprotein membrane complex)not restricted only to the brain but exceeds it and encompasses the whole body); our neural conduit for non local knowledge. A biological model of information processing is proposed in which the microfilamental lattice is a medium of quantum holography: it is probably immense enough to contain holographic information about the whole Universe via nonlocal interactions.  Duration: 1 ½ hours
2.45pm – 3.15pm	<b>Afternoon Tea</b>
3.15pm – 4.45pm	<b>Title: “Going Beyond our Normal Perception”</b> <b>Presenter:</b> Dr Manjir Samanta-Laughton  There are a myriad of planes of consciousness and this is allowable within current ideas in physics. We will also examine a new interpretation of the theory of relativity to give a new overview of dark matter, dark energy and beyond, shedding new light on consciousness beyond the body.  Duration: 1 ½ hours
4.45pm – 5.15pm	<b>General Question and Answer Session</b>

## SCIENCE, CONSCIOUSNESS AND SPIRITUALITY CONFERENCE - 2011

### “Know Thyself”

#### Perspectives of Consciousness Beyond the Body

Programme of events: Sunday October 30<sup>th</sup>, 2011

**Venue:** Auckland University of Technology, Akoranga Campus

**Entrance:** Gate One, Lecture Theatre AF114

9.30am – 10.30am	<p><b>Title: Consciousness Beyond the Body and our potential for Creative Evolution</b>  <b>Presenter :</b> Dr. Amit Goswami</p> <p>In this final lecture, we will explore how, through non locality and the quantum mind, creative evolution is stimulated and how our evolutionary potential can be fulfilled.</p> <p>Duration: 1 hour</p>
10.30am - 11.00am	<p><b>Morning Tea</b></p>
11.00am - 12.00pm	<p><b>Title: “Black Holes, Consciousness, Creation and the ground of our being”</b>  <b>Presenter:</b> Dr. Manjir Samanta-Laughton</p> <p>In this talk we will examine a new theory of cosmology that unites the forces of the very small e.g. atoms to the very large e.g. black holes and provide myriad of evidence for this from astrophysics data. This theory places consciousness at the centre of the cosmos and has the potential to unite phenomena such as black holes, DNA, human emotions, weather systems, quarks and much more.</p> <p>Duration: 1 hr</p>
12.00pm – 1.00pm	<p><b>Lunch</b></p>

<p>1.00pm - 2.00pm</p>	<p><b>Title: “The Soul Cluster”.</b> <b>Presenter:</b> Dr Ede Frecska</p> <p>Healing methods based on altered states of consciousness common in spiritual or shamanic traditions and many mystical teachings do not accord with classical explanations based on cognition as it is conceptualized in Western academic circles. Here we give an analysis of ancient and indigenous soul concepts within the framework of soul pluralism. A three-network (neuroaxonal, subcellular, Akasha-like quantum-information field) model of human experience is drawn to support the tripartition cum trilocation concept of soul.</p> <p>Duration: 1 hr</p>
<p>2.00pm – 2.15pm</p>	<p><b>Workshops Introductions – Inner Paths to Outer Space</b> As part of the conference programme, on Sunday afternoon you will also be able to attend 1 of 5 experiential workshops on the following topics or a video 6. in the main theatre.</p> <p><b>Workshops</b></p> <ol style="list-style-type: none"> <li>1. Life between Lives , The Newton Institute – Peter Smith</li> <li>2. Gong Bath Immersion, Entering an altered state with ease - Beatrice Pritchard</li> <li>3. Consciousness and the Body: Soma and Psyche – Dr Louisa Walker</li> <li>4. An introduction Hemi-Sync® (audio guided sound technology), The Monroe Institute - Irene Blanck</li> <li>5. TBA</li> <li>6. Video by Nassim Hamein “Crossing the Event Horizon”</li> </ol> <p>(Subject to change at this stage).</p> <p>Duration 15 minutes</p>
<p>2.15pm – 2.45pm</p>	<p><b>Afternoon tea</b></p>



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2.45pm – 4.45pm	<b>Workshops – Inner Paths to Outer Space</b> <ol style="list-style-type: none"><li>1. Life between Lives , The Newton Institute – Peter Smith</li><li>2. Gong Bath Immersion, Entering an altered state with ease - Beatrice Pritchard</li><li>3. Consciousness and the Body: Soma and Psyche –Dr Louisa Walker</li><li>4. An introduction Hemi-Sync® (audio guided sound technology), The Monroe Institute - Irene Blanck</li><li>5. TBA</li><li>6. Video by Nassim Hamein “Crossing the Event Horizon”</li></ol> <p>(Subject to change at this stage).</p> <p>Duration: 2 hrs</p>
4.45pm – 5.30pm	<b>Questions and Answers of Panel</b> <p>Dr Amit Goswami, Dr Manjir Sumanta- Laughton and Dr Ede Frecska</p>

## Sunday Workshops

As part of the conference programme, on Sunday afternoon you will be able to attend 1 of 5 experiential (2 hour) workshops or a video:

1. Accessing Life between Lives. The Newton Institute – Peter Smith
2. Gong Bath Immersion. Entering an Altered State with Ease – Beatrice Pritchard
3. Consciousness and the Body: Soma and Psyche – Dr Louisa Walker
4. An introduction Hemi-Sync®, an audio guided sound technology. The Monroe Institute - Irene Blanck
5. TBA -
6. Video by Nassim Haramein – Crossing the Event Horizon

### WORKSHOP ONE

#### **Life between Lives, The Newton Institute – Peter Smith**

Over the years much has been written beyond the concepts of re-embodiment referring to the place where souls go in between lifetimes, sometimes called the “bardot”.

During the later part of the 20<sup>th</sup> century, one Hypnotherapist discovered and then refined a process to take clients into their “superconsciousness” to experience the in-between state of being. This emerging field came to be known as Spiritual Regression and later Life Between Lives (LBL) Hypnotherapy.

For decades Dr. Michael Newton explored and mapped the Spiritual Realm across some 7000 case studies, covering clients from all walks of life, and differing spiritual and cultural backgrounds. Regardless of these differences in human form, the overall research showed a remarkable amount of consistency in the experiences recorded.

For more on Dr Micheal Newton's works and books visit [www.spiritualregression.org](http://www.spiritualregression.org)

Peter Smith is President of The Michael Newton Institute and travels the world speaking about this remarkable therapy. He has trained therapists for the Institute in Australia, the UK, USA and Europe. He is a Certified Instructor with the International Association of Counselors and Therapists and an Industry Accredited Supervisor in the Australian Hypnotherapy Industry.

In this two hour workshop Peter will be discussing:

- A brief introduction to the work of The Newton Institute
- The major findings in Michael Newton's research
- The outcomes of an LBL session for a typical client
- Recent trends from the LBL Therapist network around the world

## **WORKSHOP TWO**

### **Gong Bathing Immersion : Entering an Altered State with Ease – Beatrice Pritchard**

This gong bath session is 2 hour immersion in sacred and healing sound wherein the gong activates the full sonic potential of the gong and bathes the listener with sustained waves of primordial sound.

During a gong bath, listeners typically experience a sense of connectedness and peace as the sacred sound of the gong clears blockages and restores the free flow of vital energy throughout the body. Listeners have also described out of body experiences, seeing beautiful colors behind their eyes, along with symbols, images, and past life impressions.

With its ability to induce a spontaneous meditative state, the gong offers listeners access to parts of the mind that are usually closed, resulting in a sense of expanded awareness and higher consciousness.

Gong sound can also be used to rebalance and tone the physical, emotional and spiritual bodies. It is an excellent therapy for stress related issues, depression, fatigue, anger and hostility, feelings of fear, separation and loneliness, along with many other conditions related to the lack of balance and harmony in the body.

In summary, the sound of quality gong induces a state of spontaneous meditation and relaxation that facilitates the movement of chi or prana (positive life energy) throughout the body. This effect promotes vitality, healing, and awakens the consciousness for transformation.

This 2 hour session will include :

- A sound journey where participants will lie or sit, and enter into an inward meditative state.
- Involve a group participatory experience based on the playing of the Tibetan bowls, the gong and related instruments and vocal sounding.

The session will be taken by Beatrice Pritchard who runs therapeutic music sessions and aspires to play from a place of surrender that allows the sounds that are created to have a transformational effect on the listeners.

Typically it brings people to a place of stillness, openness and deep connection with self and others.

### **WORKSHOP THREE:**

#### **Consciousness and the Body: Soma and Psyche – Dr Louisa Walker**

The awareness that animates all life is expressed in the world through your body. Your body is conscious. Your thinking mind, however, would have you believe that it is running the show. We have all learned to relate to the world through our rational, cognitive ruminating mind. Meanwhile, we have drastically lost touch with the wisdom that is the body. We are, on a cellular level, deeply connected to one another and to the natural world. Once we re-engage the wisdom of the body, we re-gain access to an expanded awareness not available via the mind. We reside within awareness. Soma rests in Psyche.

What does it mean to embody the pulse of life that extends beyond rational thinking? In this programme we will explore how to more consciously tap into the very life force, connecting us to the greater field of energy that animates the world.

Together we will:

- Explore the body as a field of energy.
- Open to the wisdom of the body to increase awareness and intuition.
- Discover that enlightened awareness is available now in the physical body.

“You don’t awaken. What has eternally been awake realizes itself. That which is eternally awake is what you are.”

Adyashanti

## **WORKSHOP FOUR:**

### **An introduction Hemi-Sync® (audio guided sound technology), The Monroe Institute - Irene Blanck**

Robert Monroe founded The Monroe Institute®, a non-profit corporation, which operates as an education and research organisation dedicated to the exploration of human consciousness and the welfare of humankind. It is internationally known for its work with sound patterns that can have dramatic effects on states of consciousness.

The Monroe Institute uses sound technology, known as Hemi-Sync® (Hemispheric Synchronisation). Robert A. Monroe, founder of Hemi-Sync® observed, during his early research, that certain sounds create a Frequency Following Response in the electrical activity of the brain.

Those observations led to some remarkable findings dealing with the very nature of human consciousness. Researchers learned specific sounds could be blended and sequenced to gently lead the brain to various states ranging from deep relaxation or sleep to expanded states of awareness and other "extraordinary" states. This compelling research became the foundation of a non-invasive and easy-to-use audio-guidance technology known as Hemi-Sync®.

The audio-guidance process works through the generation of complex, multilayered audio signals, which act together to create a resonance that is reflected in unique brain wave forms characteristic of specific states of consciousness. Different Hemi-Sync® signals are used to facilitate deep relaxation, focused attention or other desired states. As an analogy, lasers produce focused, coherent light. Hemi-Sync® produces a focused, coherent mind, which is an optimal condition for improving human performance.

The two hour workshop will consist of an introduction to Hemi-Sync® using verbal instructions, guided imagery and proven state of the art Hemi-Sync® technology to assist you to achieve what Monroe called a Focus Level described as "Body Asleep, Mind Awake". In other words, your body is completely relaxed and your brain/mind is activated and fully aware. This Focus level serves as the foundation for exploring non-physical energy systems and a great many other states of consciousness.

Irene Blanck and Gwen Jones of Bridging Concepts have been contracted to bring The Monroe Institute's programmes to Australia. Currently they offer Gateway Voyage, which is the heart of TMIs programmes, at Sangsurya, Byron Bay. For more information their website is [www.meditationretretasaustralia.com.au](http://www.meditationretretasaustralia.com.au).



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**WORKSHOP FIVE:**

**TBA**



## **WORKSHOP SIX:**

### **Video – Crossing the Event Horizon by Nassim Hamein**

Nassim Hamein's lifelong journey into the geometry of space-time has led to a coherent understanding of the fundamental structure of the universe.

In this DVD presentation, Nassim will take you on a journey through humanity's evolution, exposing the changes necessary to produce an all-encompassing Unified Physics; a unification of not only the four forces of nature, but also evolution and the occurrence of consciousness/awareness.

Demonstrating the parallels between this theory and ancient codes found in documents and monuments, Nassim weaves a tale which may prove to be one of the most important discoveries of our time.